

WEEK 2 MENU

Monday

Main Course

Braised beef puff pie

Vegetarian

Asparagus and goats cheese risotto

Seasonal Potatoes & Vegetables

Crushed potatoes, garden peas, and roasted cauliflower

Dessert

Chocolate orange marble cake with chocolate orange sauce

Daily Selection of Fresh Fruit

Tuesday

Main Course

Sweet 'n' sour chicken

Vegetarian

Broccoli and cheddar frittata

Seasonal Potatoes & Vegetables

Egg noodles, glazed carrots and broccoli

Chinese cabbage and mushrooms

Dessert

Iced carrot cake

Daily Selection of Fresh Fruit

Wednesday

Main Course

Spaghetti bolognaise

Vegetarian

Tomato and courgette tart

Seasonal Potatoes & Vegetables

Roasted vegetables and pan fried courgettes

Dessert

Fruit jelly pots

Daily Selection of Fresh Fruit

Thursday

Main Course

Catch of the Day

Vegetarian

Cauliflower and cumin fritters with lemon yogurt

Seasonal Potatoes & Vegetables

Chipped potatoes, garden peas, and baked beans

Dessert

Autumn fruits rice pudding

Daily Selection of Fresh Fruit

Friday

Main Course

Roast loin of pork and granny's apple sauce

Vegetarian

Spiced tofu with aubergine passata and cous cous

Seasonal Potatoes & Vegetables

Roast potatoes
Selection of Vegetables

Dessert

King's Hall Mess

Daily Selection of Fresh Fruit

Allergy information available on request

