

# WEEK 1 MENU

## Monday

**Main Course**  
Turkey stroganoff

**Vegetarian**  
Spinach and black olive tart

**Seasonal Potatoes & Vegetables**  
Midi potatoes, garden peas, and wilted spinach

**Dessert**  
Peach melba sponge

**Daily Selection of Fresh Fruit**

## Tuesday

**Main Course**  
Chilli beef

**Vegetarian**  
Courgette fritter

**Seasonal Potatoes & Vegetables**  
Steamed rice, fresh carrots, and fine green beans

**Dessert**  
Orange drizzle cake

**Daily Selection of Fresh Fruit**

## Wednesday

**Main Course**  
Pasta bar

**Vegetarian**  
Whole wheat pasta with lentil, tomato and basil sauce

**Seasonal Potatoes & Vegetables**  
Fresh broccoli, peas and baby carrots

**Dessert**  
Ice cream pots served with fresh fruit

**Daily Selection of Fresh Fruit**

## Thursday

**Main Course**  
Catch of the Day

**Vegetarian**  
Cauliflower and halloumi tikka marsala

**Seasonal Potatoes & Vegetables**  
Chipped potatoes, fresh cherry tomatoes, and baked beans

**Dessert**  
Upside down fruit cake served with custard

**Daily Selection of Fresh Fruit**

## Friday

**Main Course**  
Roasted Somerset gammon

**Vegetarian**  
Roasted vegetables and feta cheese strudel

**Seasonal Potatoes & Vegetables**  
Roast potatoes with a selection of vegetables

**Dessert**  
Chocolate crunch with peppermint sauce

**Daily Selection of Fresh Fruit**

**Allergy information available on request**

